



# SUGAR HONEY I.T.

Choreographed by: *Johanna Barnes*  
32 Count, 4 Wall, Intermediate level line dance  
Music: Sugar.Honey.Ice.Tea by Charlie Wilson  
Contact Information: [www.dancewhatyoufeel.com](http://www.dancewhatyoufeel.com)



Scan/ Click Above  
for Dance Video

LINE DANCING WITH TAMMY WYATT

## 32 count intro

*Clock notation begins on your start wall as 12:00.*

*Each phrase will carry a new 12:00 start wall, ¼ right of the previous phrase.*

### [1-8]: R PRESS-RETURN, L PRESS-RETURN, GROOVE-TAPS BACK, L HEEL TAP

- 1, 2 & R press forward (1); recover weight onto L (2); R step next to L (&)
- 3, 4 L press forward (3); recover weight onto R (4)
- & 5 & 6 small step back onto L (&); R tap ball of foot next to L (5); small step back onto R (&); L tap ball of foot next to R (6)
- & 7 & 8 small step back onto L (&); R tap ball of foot next to L (7); small step back onto R (&); L heel tap to left side (8)

*Styling: As you press with R, open to left, switch at center then open to right as you press L.*

*Rotate hips as you travel back with the step taps, and utilize arms up and down and side-to-side!*

### [&9-16]: TOGETHER, R CROSS, L ROCK-RECOVER CROSS, SIDE, L BACK CROSS, R OUT, L OUT, R STANKY KNEE

- & 1 L step next to R (&); R step across L (1)
- 2 & 3, 4 L rock out to L side (2); recover onto R (&); L step across R (3); R step to R side (4)
- 5 & 6 L small cross behind R (5); R small step out to right side (&); L small step out to weight (6)
- 7, 8 dip R knee down and toward L, flair R heel outward (7); recover to weight R (8)

*Styling: 'Throw' your right hand inward with your knee bend*

### [&17-24]: TOGETHER, R CROSS-HOLD/ HAND STYLING x2, L KNEE HITCH, L BALL-BACK, L STEP, ¼ TURN R, L STEP

- & 1, 2 L step next to R (&); R step across L\* (1); hold \* (2)
- & 3 L small step to left side \* (&); R step across L\* (3)
- 4 & 5 L knee hitch forward\*\* (4); rock back onto ball of L (&); recover weight forward onto R (5)
- 6, 7, 8 L step forward (6); push ¼ turn right onto R [3:00\*\*] (7); L step forward (8)

*\*Styling: Bend knees as you R cross (1, 3), with outward hands/ finger snaps (out on 1, 2, 3)*

### [&25-32]: R HOP-STEP FWD, HOLD, L HOP-STEP BACK, HOLD, R STEP ½ TURN L x 2

- & 1, 2 slight push step forward onto R (&); touch L forward next to R (1); hold (2)
- & 3, 4 slight push step back onto L (&); touch (or step) R back next to R (3); hold (or fwd on L) (4)
- 5-8 R step forward (5); push ½ turn left onto L [9:00\*\*] (6); R step forward (7); push ½ turn left onto L [3:00] (8)

*RESTARTS: Occur on phrases 2 and 5 after the first 16 counts plus the next '&' count of 3rd section.*

*\*\*For comfort of body movement, there should be a slight angle toward 11:00 when you hitch and step forward, and toward 4:00 when you do the ¼ turn. Go with it and adjust toward 3:00 as you proceed to the start of the next phrase!*

## BEGIN AGAIN

Taught by Tammy -- December 2015

