# THROWBACK LOVE

Choreographed by: P Van Grootel, J m B Vane, R Sarlemijn, J-P Madge
56 Count, 0 Wall, Phrased Intermediate level line dance
Music: Throwback Love by Meghan Trainor
Contact: See at end of step sheet

Scan/Click for Video

LINE DANCING WITH TAMMY WYATT

**Sequence: A-B-B-A (Restart) A-B-B-A-B-B-B**

**PART A: 32 counts**
**A1: RUMBA BOX, R/L, MAMBO FWD 1/2 TURN R, SHUFFLE 1/2 TURN R,**
1&2 RF Step to right side, & LF Close next to RF, RF Step forward
3&4 LF Step to left side, RF Close next to LF, LF Step forward
5&6 RF Step forward, LF Recover weight, 1/4 Turn right (3.00), RF 1/4 Turn right, stepping forward (6.00)
7&8 LF 1/4 Turn right, stepping to left side (9.00), RF Close next to LF, LF 1/4 Turn right, stepping backwards (12.00)

**A2: MAMBO BACK, HEEL, HEEL, TOGETHER, CROSS STEP, SNAP, TOUCH SIDE 2X, SAILOR STEP R**
1&2 RF Step backwards, LF Recover weight, RF Step forward on the heel
&3&4 LF Step forward on the heel, RF Close next to LF, LF Cross over RF, Snap your fingers
5&6 RF Touch to right side, RF Touch next to LF, RF Touch to right side
7&8 RF Cross behind LF, LF Small step to left side, RF Step to right side
* RESTART POINT IN 2ND TIME PART A

**A3: BALL CHANGE, SNAP, 1/4 TURN L, SNAP, 1/4 TURN L, SNAP, SIDE STEP, SNAP, JAZZBOX R, SHORTY GEORGE**
&1&2 LF Step next to RF, RF Step to right side, Snap the fingers, LF 1/4 Turn left, stepping forward (9.00)
&3&4 Snap the fingers, RF 1/4 Turn left, stepping to right side (6.00), Snap the fingers, LF Step to left side
&5&6 Snap the fingers, RF Cross over LF, LF Step backwards, RF Step to right side
&7 LF Step forward, RF Step forward, Pushing the knee's to right
&8 LF Step forward, Pushing the knee's to left, RF Step forward, Pushing the knee's to right
& LF Step forward, Pushing the knee's to left

**A4: HEEL STEP, 1/4 TURN R, ROCK STEP - 2X, KICK, BEHIND, SIDE, CROSS - 2X**
1&2 RF Heel forward. LF 1/4 Turn right, Recovering weight, RF Step backwards
&3&4 LF Recover weight, RF Heel forward, LF 1/4 Turn right, Recovering weight, RF Step backwards
&5&6 LF Recover weight, RF Kick diagonal right forward, RF Cross behind LF, LF Step to left side
&7&8& RF Cross over LF, LF Kick to left side, LF Cross behind RF, RF Step to right side, LF Cross over RF

**Part B: 24 counts**
**B1: TOE, HEEL ,CROSS - 2X, JUMP OUT, WEIGHT CHANGE L/R, BOUNCE 4X**
1&2& RF Touch next to LF, RF Touch heel to right side, RF Cross over LF, LF Touch next to RF,
3&4 LF Touch heel to left side, LF Cross over RF, RF Jump out to the right side,
56 LF Recover weight (While jumping into it), RF Recover weight (While jumping into it),
7 RF Jump on the spot while keeping the LF out, Turning 1/4 Turn (9.00)
& RF Jump on the spot while keeping the LF out, Turning 1/4 Turn (6.00)
8 RF Jump on the spot while keeping the LF out, Turning 1/4 Turn (3.00)
& RF Jump on the spot while keeping the LF out, Turning 1/4 Turn (12.00)

**THROWBACK DANCE CONTINUES ON PAGE 2 OF 2**



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**THROWBACK DANCE CONTINUED *[PAGE 2 OF 2]***

**B2: ROCK BACK, 1/2 TURN R, HITCH, STEP BACK, HITCH, STEP FORWARD, 1/2 TURN L, HITCH, STEP BACK, 1/2 TURN L, HITCH, STEP FWD, 1/2 TURN L, STOMP -2X**

1&2& LF Step backwards, RF Recover weight, LF 1/2 Turn right, stepping backwards (6.00), RF Hitch,
3&4& RF Step backwards, LF Hitch, LF Step forward, RF Hitch, while making a 1/2 Turn left (12.00),
5&6& RF Step backwards, LF Hitch, while making a 1/2 Turn left (6.00), LF Step forward, RF Hitch,
7&8& RF Step forward, LF 1/2 Turn left, stepping forward (12.00), RF Stomp, LF Stomp

**B3: STEP FWD, KICK, STEP BACK, TOUCH, JAZZBOX 1/2 TURN R**

1234 RF Step forward, LF Kick forward, LF Step backwards RF Touch backwards,
56 RF Cross over LF, LF 1/4 Turn right, stepping backwards (3.00),
78 RF 1/4 Turn right, stepping to right side (6.00), LF Small Step forward

***Finish: Last time doing part B, make a normal jazzbox instead of a jazzbox 1/2 Turn. You will be facing (12.00).**

(Taught by Tammy Wyatt June 2017)



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