



AUTUMN

Choreographed by: *Fred Whitehouse*
32 Count, 4 Wall, Intermediate NC2S line dance
Music: Autumn by Paolo Nutini
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LINE DANCING WITH TAMMY WYATT

Intro – 8 Counts (7 seconds)

- [1 – 8] Lunge, 1 ¼ turn with sweep, ½ turn hitch, full spiral with sweep, run back x3**
- 1,2 Rock RF to R side (bend R knee as you lunge), Recover onto RF making ¼ turn L (9.00)
 - &,3 ½ turn L stepping RF back, ½ turn L stepping LF forward sweeping RF from back to front (9.00)
 - 4,& Cross RF over L, ¼ turn R stepping LF back (12.00)
 - 5 ¼ turn R stepping RF to R side at same time hitch L knee up (*LF should be flat against inside of R knee*) **Arms : Throw both arms like you are lifting a box from the bottom making a circle anti clockwise, this should happen the same time as you step RF to R, all on count 5.**
 - 6,7 Cross LF over R, unwind full turn R as you ronde RF from front to back (*this should leave you facing diagonal 4.30*) weight on LF (*sweep RF if you do no wish to ronde*)
 - 8&1 Run back R,L,R still facing 4.30 (*as you place weight on RF look over R shoulder*)

- [9 – 16] Sway x3, knee sways x3, hitch, weave, spiral, basic**
- 2&3 Sway weight onto LF (*looking forward 4.30*), sway weight back onto RF (*look over R shoulder*) place weight onto LF as you throw both hand forward (*both hands should be thrown from shoulders upward and bring them down in front of you*)
 - 4&5 Bring R knee over L knee, bring R knee back to R opening R hip, bring R knee over L knee hitching R knee. (*RF should be off the floor, this will feel like fast kicks but more with the knee to soften the movement, knee swings, on count 5 you will hitch R knee and bring it from front to back*) facing 4.30
 - 6&a Step RF behind LF, square up to 3.00 stepping LF to L, cross RF over L unwind full turn L weight goes on RF (*this full turn happens on the A' count*)
 - 7,&& Step LF to R side, close R behind L, cross LF over R (3.00)

- [17 – 24] Monterey point, spiral, sweep, weave, sweep, weave, cross rock recover, side step, spiral**
- 1,2 Point RF to R side, make full spiral turn R keeping weight on L
 - 3,4 Step RF forward as you sweep LF from back to front, cross LF over R
 - &5 Step RF to R side, cross LF behind R as you sweep RF from front to back
 - 6&7 Cross RF behind L, step LF to L, cross rock RF over L (*face diagonal 1.30*)
 - 8&1 Recover onto LF, step RF to R side, cross LF over R making full turn spiral R (*facing diagonal 4.30*)

- [25 – 32] Pique turn x2, sweep, run x2, lounge forward, back sweep x2, run back x2, (½ turn R)**
- 2&3 Step RF forward hitching L knee up, ½ turn R stepping LF back hitching R knee up, ½ turn R stepping RF forward as you sweep LF from back to front (*facing 4.30*) "pique turns" with a sweep.
 - 4&5 Step forward L, step forward R, lounge forward with LF (*soften LF knee, throw both hands up in front to 4.30, you will bring the arms down on next count*)
 - 6,7 Recover weight onto RF sweeping LF from front to back, step LF back sweeping RF from front to back (*on count 7 throw hands forward like you are hugging fresh air*)
 - 8& Run back R,L (*pulling arms into chest as you bow your head with feeling*)

NOTE: On the last count you will be facing the diagonal wall 4.30 to start the dance again you will need to make a ½ turn R as you Rock RF to R side, this will become a lounge movement. You should now be facing 9.00 to start new wall

A little tip for people who are willing to try this dance, if you hold on to the 'odd' counts in the dance, 1,3,5,7 you will feel the music a lot more.

Hope you enjoy this dance as much as I do.

Taught by Tammy -- January 2016

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Step Sheet Provided Courtesy Of
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