



# AK FREAK

Choreographed by Rachael McEnaney & Guyton Mundy

64 Count, 2 Wall, Advanced level line dance

Music: I'm A Freak by Enrique Iglesias Ft. Pitbull

Contact Information: See At End of Step Sheet



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LINE DANCING WITH TAMMY WYATT

## [1 - 8] R ball, L cross, R tap, R press, hold 3 with lunge R, L ball, R cross, L side, L 1/4 turn, body dip (with arms)

- & 1 & 2 Step in place on ball of right (&), cross left over right (1), tap right slightly out to right side (&), press right to right side (2) 12.00
- 3 & 4 Lunge to right side taking upper body to right (3), step in place on ball of left (&), cross right over left (4) 12.00
- 5 6 Step left to left side (as you take right arm across body (palm facing down)) (5), make a 1/4 turn left by twisting heels to right (as you pull right hand in towards right shoulder) (6) **easy option: no arms** 9.00
- 7 8 Body dip/roll – bend both knees as if sitting down – lift bottom up as if someone pulling on top of jeans – straighten knees (this action happens over counts 7-8 and is a smooth rolling action **easy option: bump hips back (7), bump hips fwd (8) weight ends left** 9.00

## [9 - 16] R ball, L fwd rock (option body roll), L ball, R back, R knee pop, R shoulder dip, R ball, L step, Walk R L

- & 1 2 Step ball of right next to left (&), rock forward left (option begin backwards body roll) (1), recover weight right (finish body roll) (2) 9.00
- & 3 & 4 Step ball of left next to right (&), step back right (3), pop right knee out towards 12.00 (swivel right heel) (&), return right knee & heel (4) 9.00
- & 5 Open upper body to 12.00 as you dip right shoulder back (&), return body & shoulder to 9.00 putting weight on left (5), 9.00
- & 6 7 8 Step ball of right next to left (&), step forward left (6), step forward right (7), step forward left (8) 9.00

## [17 - 24] Make 3/4 turn L stepping onto R whilst sweeping L, L behind-side-cross, R side rock, R behind-side-fwd

- 1 2 Make 1/2 turn left as you step back on right (bend R knee) and begin sweeping left leg (1), continue sweeping left making 1/4 turn left (2)
- Note: this is one fluid motion 12.00**
- & 3 4 Cross left behind right (&), step right to right side (3), cross left over right (4) 12.00
- 5 6 Rock right to right side (almost like a press) (5), recover weight left (6), 12.00
- 7 & 8 Cross right behind left (7), step left to left side (&), step forward right (8) 12.00

## [25 - 32] L & R toe press's forward with optional batucada styling, 1/4 turn R, point L, L ball, R cross

- 1 2 & 3 4 Press ball of left forward (1), hold (2), step back left (&), press ball of right forward (3), hold (4)

**Styling note:** As you press ball of foot forward push hip forward & up, on the hold keep rotating hip outwards in order to step back

**Easier option no styling:** instead of thinking of it as a press think of it as just a 'toe touch' forward 12.00

- & 5 & 6 Step back right (&), press ball of left forward (5), step back left (&) press ball of right forward (6)

**Styling/option note:** Same action applies just at a quicker speed – push hip forward, up and round to step back. Easy option same 12.00

- & 7 & 8 Make 1/4 turn right stepping right to right side (&), point left toe to left side (7), step in place on ball of left (&), cross right over left (8) 3.00



Step Sheet Provided Courtesy Of  
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## AK FREAK CONTINUED PAGE 2 OF 2

### [33 - 40] Side L, side R, ¼ L, fwd R, ½ turn L, ¼ turn L stepping side R, L *Continued on behind, ¼ turn R*

- 1 2 3 Step left to left side (push hip left) (1), step right to right side (push hip right) (2), make ¼ turn left stepping forward left (3), 12.00
- 4 5 6 Step forward right (4), pivot ½ turn left (5), make ¼ turn left stepping right to right side (6), 3.00
- 7 8 Cross left behind right (7), make ¼ turn right stepping forward right (8) 6.00

### [41 - 48] Syncopated lock step forward, rock fwd L, walk back L-R

- 1 & 2 Step left forward on left diagonal (1), lock right behind left (&), step left forward on left diagonal (2) 6.00
- & 3 4 Step right forward on right diagonal (&), lock left behind right (3), step right forward on right diagonal (4) 6.00
- 5 6 7 8 Rock forward left (5), recover weight right (6), step back left (drop left shoulder slightly) (7), step back right (drop right shoulder slightly) (8) 6.00

### [49 - 56] ¼ turn L, point R, ¼ turn R, ¼ turn R as you point L, L cross-out-out, R knee roll in-out

- 1 2 Make ¼ turn left stepping left to left side (1), point right to right side (2) 3.00
- 3 4 Make ¼ turn right stepping forward right (3), make ¼ turn right as you point left to left side (4) 9.00
- 5 & 6 Cross left over right (5), step right to right side (slightly back) (&), step left to left side (shoulder width apart) (6) 9.00
- 7 8 With weight on left roll right knee in towards left (7), roll right knee out to right transferring weight right (8)

*Styling option: Make the same action with your right arm, almost like a whip. 9.00*

### [57 - 64] L side, R crossing shuffle, ¼ turn L stepping forward L, R fwd, L ball side rock, L cross, R kick,

- 1 Push off right foot as you step left to left side (style option: push right hand down to right side and try step onto straight leg (1) 9.00
- 2 & 3 4 Cross right over left (2), step left to left side (&), cross right over left (3), make ¼ turn left stepping forward left (4) 6.00
- 5 & 6 Step forward right (5), rock ball of left to left side (&), recover weight right (6) 6.00
- 7 8 Cross left over right (7), kick right to right diagonal (8) 6.00

## START AGAIN – HAVE FUN

### Contact Information:

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Originally taught by Tammy July 2014

