



PEACE OF MIND

Choreographed by Judy McDonald

32 Count, 4 Wall, Beginner level line dance

Music: Find My Peace of Mind by Boom Chukka Boys

Contact Information: <http://www.judymcdonald.ca/>



[Scan for Dance Video](#)

BRONTE BOOTS 'N SPURS ----- LINE DANCING

1 2 3 4 R R vine with cross touch

Step R side (1), step L behind (2), step R side (3), touch L diagonal in front of right (4)

5 6 7 8 Touch L side, front, side, front

Touch L to side (5), touch L across right (6), touch L to side (7), touch L across right (8)

1 2 3 4 L vine, R brush

Step L to side (1), step R back (2), step L to side (3), brush R forward (4)

5 6 7 8 R rocking chair

Step R forward (5), recover on L (6), step R back (7), recover on L (8)

1 2 3 4 R step forward, L touch, ¼ turn step L, R touch

Step R forward (1), touch L beside right (2), make ¼ turn L step side (3), touch R beside left (4) ...now facing 9 o'clock

5 6 7 8 Step back R, L, R, L

Step R back (1), step L back (2), step R back (3), step L back (4)

1 2 3 4 Bump hips Rx 2, bump Lx2

Step R to side and bump hips x 2 (1&2), bump hips L x 2 (3&4)

5&6&7&8& R touch & step, L touch & step, R touch & step, L touch & step

Touch R beside left (5), step R beside left (&), touch L beside right (6), step L beside right (&), touch R beside left (7), step R beside left (&), touch L beside right (8), step L beside right (&)
...if you don't want to syncopate this, an easier alternative is to just step R, L, R, L in place moving your hips, or just continue with the hip bumps!

Have fun!

Video Link: <https://www.youtube.com/watch?v=-rkd4QtSCaU>

Originally taught by Judy McDonald November 2014

