## NO GOODBYES

Choreographed by: Scott Blevins and Nicola Lafferty 40 Count, 4 Wall, Advanced level line dance
Music: This Ain't Goodbye by Train
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Scan for Dance Video

## 16 count intro to start with the lyrics

SEQUENCE: 40-40-16 counts with variation and Restart - 40-40-32-4 count Tag A-16-4
count Tag B-32-32-32
NOTE; Where the sequence lists 40 you will dance 1-40\&. Where it lists 32 you will dance 1-32\&.

[1-8] SIDE, BACK, BEHIND, SIDE, FWD, FWD, ROCK, RECOVER, $1 / 2$ LEFT, $1 / 2$ LEFT, $1 / 2$ LEFT, FWD BALL

1-2\&3 1) Step $L$ to left; 2) Step $R$ back; \&) Step $L$ behind $R$; 3) Step $R$ to right
4\&5-6 4) Step $L$ forward; \&) Step $R$ forward; 5) Rock $L$ forward; 6) Recover to $R$
7\&8\& 7) Turn $1 / 2$ left stepping L forward; \&) Turn $1 / 2$ left stepping R back; 8) Turn $1 / 2$ left stepping $L$ forward; \&) Step ball of $R$ forward

## [9-16] TOGETHER, BACK, BACK, BACK, $1 / 4$ LEFT, $1 / 4$ LEFT, LUNGE, $1 / 4$ LEFT, STEP, PIVOT, PREP, HALF RIGHT

| $1-2$ | 1) Step ball of $L$ next to $R$ rising up on toes; 2) Step $R$ back |
| :--- | :--- | :--- |
| 3\&4\& | 3) Step $L$ back; \&) Step $R$ back; 4) Turn $1 / 4$ left stepping $L$ to left; \&) Turn $1 / 4$ left touching $R$ |
|  | beside $L[12: 00]$ |

5-6 5) Lunge on $R$ to right while slightly twisting upper body to right and reaching left arm toward 1:00; 6) Turn $1 / 4$ left taking weight on $L$ [9:00]
7\&8\& 7) Step R forward; \&) Turn $1 / 2$ left taking weight on $L[3: 00]$ 8) Step R forward; \&) Turn $1 / 2$ right stepping $L$ back [9:00]
[17-24] $1 / 4$ RIGHT, RUN, RUN, RUN, BACK, BACK, $1 / 4$ RIGHT, TWIST, TWIST, $3 / 4$ LEFT, STEP,
LOCK
$1-2 \& 3$ 1) Turn $1 / 4$ right stepping $R$ to right [12:00]; 2) Step $L$ forward on a diagonal toward $1: 00 ; \&)$ Step $R$ forward on a diagonal toward 1:00; 3) Step $L$ forward on a diagonal toward 1:00
4\&5 4) Step R back toward 7:00; \&) Step L back toward 7:00; 5) Turn $1 / 4$ right stepping $R$ to right ending with feet in 2nd position, bring arms up, with elbows bent, hands fisted and near head level, twisting upper body from waist up to the right [5:00]
6\&7 6) Arms still up, twist upper body from waist up to the left; \&) Arms still up, twist upper body from waist up to the right; 7) Arms still up, turn $3 / 4$ left on $L$ foot [7:00]
8\& 8) Step $R$ forward toward 7:00 bringing arms down; \&) Step ball of $L$ to $R$ heel
[25-32] SWEEP, CROSS, $1 / 4$ LEFT, $1 / 4$ LEFT, CROSS ROCK, RECOVER, $1 / 4$ RIGHT, STEP, PIVOT, STEP, $1 / 2$ RIGHT
1 1) Step $R$ forward toward 7:00 and sweep $L$ forward turning $3 / 8$ right on $R$ [12:00];
2\&3 2) Step $L$ across $R$; \&) Turn $1 / 4$ left stepping $R$ back; 3) Turn $1 / 4$ left stepping $L$ to left [6:00]
4\&5 4) Rock $R$ across L; \&) Recover to L; 5) Turn $1 / 4$ right stepping $R$ forward [9:00]
6-7-8\&6) Step L forward; 7) Turn $1 / 2$ right taking weight on R [3:00]; 8) Step L forward; \&) Turn $1 / 2$ right taking weight on R [9:00]
[33-40] SIDE, BACK ROCK, RECOVER, SIDE, BEHIND, SIDE, CROSS ROCK, REACH, RECOVER, SIDE, CROSS
$1-2 \& 3$ 1) Step $L$ to left; 2) Rock right behind $L$; \&) Recover to $L$; 3) Step $R$ to right
$4 \& 5$
4) Step $L$ behind $R$; \&) Step $R$ to right; 5) Lunge $L$ across $R$ toward $11: 00$
$6-7$
6) Rotating from waist up, twist body to left and reach $R$ arm toward 11:00; 7) Recover to $R$
bringing arm and body to center

8\& 8) Step L to left; \&) Step R across L

## 16 count Restart with variation:

You will be facing the back wall when you start this section and you will still be facing the back wall when you restart.
Dance counts 1-15\& as written then replace counts 16\& with the following:-
16) Turn $1 / 4$ left stepping $R$ to right; \&) Touch $L$ next to $R$. Now restart from the top of the dance.

## 4 count Tag A:

You will have finished dancing the first 32\& counts of the dance and will be facing the original 9 O'clock wall.

1) Step $L$ to left; 2-4) Circle hips anti-clockwise ending with weight on $R$ and touch $L$ next to R. Restart from the top of dance.

## 4 count Tag B:

You will have finished dancing the first 16\& counts of the dance and will be facing the original 6 O'clock wall.

1) Turn $1 / 4$ right stepping $R$ to right [original 9 O'clock wall];

2-4) Touch $L$ toe next to $R$ and slowly lower by bending $R$ knee.
Restart from top of dance as you straighten $R$ knee.

Contact: Video Link: https://www.youtube.com/watch?v=kPkPoQbIAs4
Originally taught by Tammy June 2014

