



# BEAST OF BURDEN

Choreographed by: Roy Verdonk  
64 Count, 2 Wall, Advanced level line dance  
Music: Beast of Burden by Little Texas  
Contact Information: www.royverdonk.com



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for Dance Video

LINE DANCING WITH TAMMY WYATT

**Intro : 16 counts (from moment beat kicks in), start on vocals**

**2 Restarts : wall 2 after 20 counts (6 o'clock) and wall 3 after 58 counts (12 o'clock)**

**Walks Forward R/L, Mambo Forward R, Swivels Back L/R, Sailor L with 1/4 turn L**

- 1-2 Rf walk forward, Lf walk forward
- 3&4 Rf rock forward, recover onto Lf (&), Rf step back
- 5-6 Lf step back swivelling right toes to right, Rf step back swivelling left toes to left
- 7&8 Lf cross behind Rf, make 1/4 turn left stepping Rf to right (&), Lf step forward (9.00)

**Side Step R To Right Diagonal, Rock Back L/Recover Onto R, Side Step L To Left Diagonal, Rock Back R/Recover Onto L, Step Forward R, 1/4 Turn L, Cross, 1/4 Turn R, Hitch R With 1/4 Turn R**

- 1&2 make 1/8 turn left stepping Rf to right (7.30), Lf rock back(&), recover onto Rf
- 3&4 make 1/4 turn right stepping Lf to left (10.30), Rf rock back (&), recover onto Lf
- 5-6 make 1/8 turn left stepping Rf forward (9.00), make 1/4 turn left stepping Lf to left (6.00)
- 7-8 Rf cross in front of Lf, make 1/R turn right stepping Lf back (9.00)
- & Rf hitch knee while making 1/4 turn right (12.00)

**Slide R, Hold, Sailor L, Cross, Hold, Ball/Cross Shuffle**

- 1-2 Rf big step right, hold
  - 3&4 Lf cross behind Rf, Rf step right(&), Lf step left
- (\*Restart dance here in wall 2)
- 5-6 Rf cross in front of Lf, hold
  - & Lf step slightly behind Rf
  - 7&8 Rf cross in front of Lf, Lf step left (&), Rf cross in front of Lf

**Kick L, Syncopated Lock Steps Forward On Diagonals, Step Forward L, Lock R Behind L, Ankle Breaker R/L/R**

- 1& Lf kick forward, Lf step to left diagonal (&) (10.30)
- 2& Rf lock behind Lf, Lf step to left diagonal (&) (10.30)
- 3&4 Rf step to right diagonal, Lf lock behind Rf (&), Rf step to right diagonal (1.30)
- 5-6 Lf step forward, Rf lock behind Lf (12.00)
- 7&8 bend ankles/knees to right, left (&), right (weight ends on Rf)

**Unhook, Touch Behind, 1/2 Turn L Rock Forward R/Recover L, 1 1/2 Triple Turn R, Syncopated Rock L/Recover R, Cross & Lf unhook out of locked position (weight is on Rf)**

- 1-2 Lf touch back, make 1/2 turn left talking weight onto Lf (6.00)
- 3-4 Rf rock forward, recover onto Lf
- 5&6 make 1/2 turn right stepping Rf forward, make 1/2 turn right stepping Lf back, make 1/2 turn right stepping Rf forward (12.00)
- &7-8 Lf rock left (&), recover onto Rf, Lf cross in front of Rf

**Step Side R, Rock Back Diagonal L/Recover R, Walk Forward L, Samba Diamond With 1/2 Turn R**

- 1-2 Rf step right, make 1/8 turn left rocking Lf back (10.30)
- 3-4 recover onto Rf, Lf step forward
- 5&6 Rf step forward diagonal, make 1/8 turn right stepping Lf left (12.00)(&), make 1/8 turn right stepping Rf back 1.30
- 7&8 Lf step back, make 1/8 turn right stepping Rf right(3.00), make 1/8 turn right stepping Lf forward (4.30)

**Cross, Side, Sailor R, Cross, Side, Sailor L**

- & Make 1/8 turn right (6.00)
- 1-2 Rf cross in front of Lf, Lf step left
- 3&4 Rf cross behind Lf, Lf step left (&), Rf step right
- 5-6 Lf cross in front of Rf, Rf step right
- 7&8 Lf cross behind Rf, Rf step right(&), Lf step left

(\*Restart dance here in wall 3)

**Step Forward In Diagonal With Touches (2X), Syncopated Cross Sailor Steps Backwards**

- 1-2 Rf step forward in left diagonal (4.30), Lf touch next to Rf (6.00)
- 3-4 Lf step forward in right diagonal (7.30), Rf touch next to Rf (6.00)
- 5&6 Rf cross in front of Lf, Lf step back (&), Rf step right
- &7 Lf cross in front of Rf(&), Rf step back
- &8 Lf step left, Rf touch together

(Note : on count 5-8, you are moving backward)

Taught by Tammy -- March 2015

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Step Sheet Provided Courtesy Of  
Bronte Boots 'n Spurs Line Dancing -- Phone 905 691 5959  
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